SEC Form 5 FORM 5	UNITED STA	TES SECU	RITIES		ХСН			NISSIO	N				
Check this box if no longer subj		ES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB APPROVAL			
to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	L STATEME	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP							OMB Number: 3235-0362 Estimated average burden hours per response: 1.0				
Form 3 Holdings Reported.												1.0	
X Form 4 Transactions Reported.	File	ed pursuant to Secti or Section 30(h											
1. Name and Address of Reporting Person <sup>*</sup> Regan Robert Christopher		2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) C/O SEACOR MARINE H	3. Statement fo 12/31/2023	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2023						<ul> <li>Officer (give title Other (specify below)</li> </ul>					
12121 WICKCHESTER LA	4. If Amendmer	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) HOUSTON TX	_							X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State)													
	Table I - Non-Deriv	ative Securiti	es Acqu	ired, Dis	posed	of, or	Benefici	ally Own	ed				
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transacti Code (Ins 8)	on Of (D) (	4. Securities Acquired Of (D) (Instr. 3, 4 and 5)		) or Dispose	Securiti Benefici	es ially	6. Ownership Form: Direct (D) or		7. Nature of Indirect Beneficial Ownership	
		(Monuli Day Tear)	0)	Amoun	Amount (		Price	Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)				(Instr. 4)	
Common Stock	12/06/2023		G4	G4 4,585		D	\$ <mark>0</mark>	42,289		D	D		
Common Stock								62,	62,000		Re	RC gan ıst <sup>(1)</sup>	
	Table II - Deriva (e.g., p	tive Securities outs, calls, wa							d				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security	action Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction of Code (Instr. De 8) Se (A) Dis of	Transaction of Expir Code (Instr. Derivative (Mon		te Exercisable and ration Date th/Day/Year)		itle and ount of urities lerlying ivative urity (Instr. nd 4)	8. Price of Derivative Security (Instr. 5) 9. Number derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)		e Own s Form Illy Direc or In- g (I) (In	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		

## Explanation of Responses:

1. Reporting Person's spouse is trustee. Reporting Person disclaims beneficial ownership except to the extent of his pecuniary interest.

## <u>/s/ Andrew H. Everett II,</u> <u>Attorney-in-Fact</u>

or Number

of Shares

Title

01/29/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

(D)

(A)

Date Exercisable Expiration Date