FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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	OMB APPROVAL										
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l	OMB Number:	3235-0287									
l	Estimated average burden										
l	hours per response	: 0.5									

	Check this box if no longer subject
\Box	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

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Name and Address of Reporting Person* Llorca Jesus						2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]									ck all app Direc	tor	Ü	10% O	Owner
(Last)	(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC.						3. Date of Earliest Transaction (Month/Day/Year) 07/18/2023									Officer (give title below) EVP		Other (s below)	specify
12121 WICKCHESTER LANE, SUITE 500						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					Applicable
(Street) HOUSTON TX 77079													X	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication													
					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - Noı	n-Deriva	tive S	ecur	ities	Acq	uired, I	Disp	osed of	, or I	Bene	ficial	ly Owr	ned			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date			Date,	Transaction Disposed Code (Instr. and 5)			ties Acquired (A) o I Of (D) (Instr. 3, 4			4 Securities Beneficially Owned Following		Form (D) o Indir	Ownership rm: Direct or lirect (I) str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	de V Amount		(A (D) or)	rice		ted action(s) 3 and 4)			
Common Stock 07/18/2						2023					328	D		\$12	422,796			D ⁽¹⁾	
Common Stock 07/19/2						2023			S		700]	D	\$12	422,096		D ⁽²⁾		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		4) De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code		(A)	(D)	Date Exercisal		Expiration Date	Title	Number of						

Explanation of Responses:

- 1. The reported sale of 328 shares occurred automatically pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on November 9, 2022.
- 2. The reported sale of 700 shares occurred automatically pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on November 9, 2022.

Remarks:

/s/ Andrew H. Everett II, Attorney-in-Fact 07/20/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.