# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			of Section So(ii) of the investment Company Act of 1940				
1. Name and Addre <u>Miguel Bejo</u>	1 0	erson*	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>SEACOR Marine Holdings Inc.</u> [SMHI]		Relationship of Reporting Person(s) to Issuer eck all applicable) X Director 10% Owner		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/06/2023		Officer (give title below)	Other (specify below)	
C/O SEACOR			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X			
(Street) HOUSTON	ТХ	77079			Form filed by More thar Person	One Reporting	
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication				
(0.9)	(0.0.0)	(	1				

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	06/06/2023		Α		10,912(1)	A	\$0.00	121,385	D	
Common Stock	06/07/2023		F		3,266	D	\$9.74	118,119	D	
Common Stock								1,000,000	I	Proyectos Globales de Energia y Servicios CME, S.A. de C.V. <sup>(2)</sup>

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (II 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. The restricted stock award reported on this Form 4 will lapse on the earlier of (i) the date of the 2024 annual meeting of stockholders of the Issuer and (ii) June 6, 2024.

2. Reporting Person is the President, Chief Executive Officer and a shareholder of Proyectos Globales de Energia y Servicios CME, S.A. de C.V. Reporting Person disclaims beneficial ownership except to the extent of his pecuniary interest in the securities.

### **Remarks:**



Attorney-in-Fact

06/08/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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